

Evaluate and Update your Mind

Memory verse:

Let this mind be in you, which was also in Christ Jesus: **Philippians 2:5**

God's Word speaks of the heart of a person, the mind, the inner man, etc. Christians are living souls who now have the hope of eternal glory. They have been given the mind of Christ, but the flesh itself has not yet been glorified and so the Christian's mind, as part of the flesh, constantly relays or receives thoughts and feelings.

The body and mind must be controlled by us, through the Word of God and by heeding His Spirit within us. We cannot spend one day, not even one hour, in which we do not guard what is being processed within our mind.

Let God's Word speak to you as you fill in the blanks below. Be ready and willing to evaluate and update as needed!

A. More Orders from Headquarters!



Mark 12:30 And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and _____, and with all thy strength: this is the first commandment. *God repeated this in Luke 10:27 but He added "and thy neighbour as thyself". Self-gratification, self-will, and self-exaltation causes a person to care little about others around us.*

Proverbs 16:3 Commit _____, and thy thoughts shall be established. Philippians 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report (*things known to man to be helpful and to produce only good*) ; if there be any virtue, and if there be any praise, _____. *It seems that we are emersed in a social quagmire of dishonesty, injustice, impurity, unloveliness, evil reports, lawlessness, refusing to accept God and even cursing of Him! We must choose to be different!*



Are you completely different from the world in the way you think? Evaluate and update as needed!

B. God knows what is in your inner man; he knows your thoughts and the disposition of your mind. He even knows what you plan to do!

Amos 4:13 For, lo, he that formeth the mountains, and createth the wind, and _____, that maketh the morning darkness, and treadeth upon the high places of the earth, The LORD, The God of hosts, [is] his name.

Luke 16:15 And he said unto them, Ye are they which justify yourselves before men; but God _____: for that which is highly esteemed among men is abomination in the sight of God. **Genesis 6:5 says "And GOD saw that the wickedness of man that it was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. We are about the same today!"**



Hebrews 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discernor of the _____. *God also knows what you are allowing to come in through your eyes and ears, and how long you let it stay!* Do you think that your Father in Heaven enjoys what you have been letting in?

I Chronicles 28:9 And thou, Solomon my son, know thou the God of thy father, and serve him with a perfect heart and _____: for the LORD searcheth all _____, and understandeth all _____: if thou seek him, he will be found of thee; but if thou forsake him, he will cast thee off for ever. *(He is ever near to every one of us. Those who seek Him shall find Him but those who reject Him, He will reject)*

Psalms 94:11 The LORD _____, that they are vanity. *(This is speaking of the unregenerate man, but also of the Christian whose mind is not kept in carefulness.)*

The question now is, "How fit are your thoughts and intentions? Please evaluate and update the



thoughts and intents of your heart and mind, as need!"

C. If we choose not to behave as the godless, we must determine to care for our mind. We must check it regularly, nourish it properly and guard it constantly, and control it endlessly!

1. Check your mind regularly:

Psalms 139:23-24 Search me, O God, and know my heart: try me, and _____: In verse 24b the Psalmist asks God if there is any wicked way in him.

Then he says, "Lead me _____." Ask *God to search your heart regularly and allow Him to be your guiding shepherd. Psalm 23:2b says :...He leadeth me beside the still waters..." Did you know that moving water goes up into a sheep's nose? It would not be able to drink the moving waters and the sheep could not be refreshed. Is something moving about your mind, troubling it? Commit your troubles to the Good shepherd. He will still things for you and allow you to be refreshed in your mind.*



Lamentations 3:40 Let us _____, and turn again to the LORD. Heb 4:12 For the word of God is quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, _____. *Allow His Word to change your thinking!*

2. Nourish your mind properly.

Proverbs 23:12 Apply thine heart unto _____, and _____.

1 Timothy 4:13 & 15 Till I come, _____, to reading, to exhortation, to doctrine.15 _____ upon these things; _____; that thy profiting may appear to all. *We are supposed to be examples to others. Read Matthew 5:16 and John 13:15*

II Corinthians 10:5 Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and _____; {imaginations: or, reasonings}

3. Guard your mind constantly

Proverbs 19:27 Cease, my son, to hear the instruction that causeth _____
_____.

1 John 2:16 For all that is in the world, the lust of the _____, and the lust of the _____, and the _____, is not of the Father, but is of the world.

4. Control your mind endlessly

Philippians 2:3 Let nothing be done through strife or vainglory; but in _____
let each esteem other better than themselves.

Proverbs 3:6 In _____, and he shall direct
thy paths.

1 Peter 1:13 Wherefore _____, be sober, and
hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;

The Psalmist controlled his mind by meditating on the Word of God, His works and His statutes. Look at these Psalms 1:2; 63:6; 77:12; 119:15, and 143:5.



Is your mind anemic from lack of good and godly nourishment like the Bible, and Christian books such as missionary biographies? Does your evaluation reveal the need for an update?

D. We Have the Mind of Christ; Does it Rule?

1Corinthians 2:16 For who hath known the mind of the Lord, that he may instruct him? But we have _____.

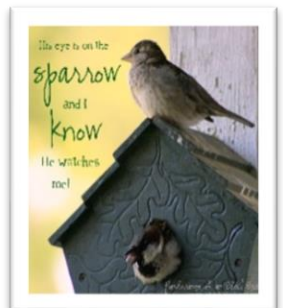
Romans 8:5-7 For they that are after the flesh do mind (*think upon, pay close attention to*) the things of the flesh; but they that are after the Spirit the things of the Spirit. 6 For _____; but _____

_____ 7 Because the carnal mind is _____ God: for it is not subject to the law of God, neither indeed can be.

Matthew 15:18-20a But those things which proceed out of the mouth come forth from the heart; and they defile the man. For _____ (his mind and being) proceed murders, adulteries, fornications, thefts, false witness, blasphemies: These are the things _____ the man ...

James 1:8 A double minded man is _____.

Isaiah 26:3 Thou wilt keep him in perfect peace, _____: because he trusteth in thee.



Does Christ's mind rule within you? Psalm 33:18 says "Behold, the eye of the LORD is upon them that fear him, upon them that hope in his mercy;"

Once again, let the Good Shepherd lead you and allow trust in Him to stabilize your thinking.

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E. God knows that the mind is a battlefield

II Corinthians 10:3 For though we walk in the flesh, _____
For the _____: are not carnal, but _____.

I Peter 4:1-2 Forasmuch then as Christ hath suffered for us in the flesh, _____
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ceased from sin; That he no longer should live the rest of his time in the flesh to the lusts of men, but to the will of God.



Are you winning or losing the battles for right in your thoughts and desires? If the evaluation gets a bad grade, you need to update!

God Asks This of You

Philippians 2:1-3 If there be therefore any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any bowels and mercies, 2 Fulfil ye my joy, _____, having the same love, being of one accord, _____. 3 Let nothing be done through strife or vainglory; but _____.



Philippians 2:5-8 Let _____, which was also in _____: Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And _____, _____, and

became obedient unto death, even the death of the cross.

I Thessalonians 5:14 Now we exhort you, brethren, warn them that are unruly, _____, support the weak, be patient toward all men.

Romans 12:16 Be of the _____. Mind not _____, but condescend to men of low estate. Be not _____.

I Peter 3:8 Finally, _____ (*the humble mind of Jesus*), having _____, love as _____, be pitiful, be courteous:



Evaluate yourself as God’s child. Have you consistently giving what He asks? Update to a new level of service and obedience.

G. Closer still to God

II Peter 3:1&2 This second epistle, beloved, I now write unto you; in both which _____: 2 That _____, and of _____ of the Lord and Saviour: (New Testament writers)

I Corinthians 13:11 Finally, brethren, farewell. Be perfect, be of good comfort, _____, live _____; and _____.

In closing, please read these verses and initial when done:

II Timothy 1; Psalm 139:2; Matthew 6:34; Mt 10:19; 1Corinthians 13:11 Initial _____

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Ps 139:2 says, "Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.



The question now is, "How fit are your thoughts and intentions?" Please evaluate and update the thoughts and intents of your heart and mind, as needed!

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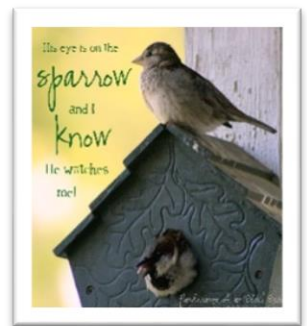
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